



New Year's SPIRITUAL RESOLUTIONS

For 2026

- Attend Mass every Sunday/Monthly Teen Mass/Daily Mass ___ times a week
- Ask for God's mercy in the Sacrament of Reconciliation more frequently
- Get to know Jesus better through more prayer/reading scripture/silent time
Praying the Rosary once a month at Teen Rosary or at home ___ a week
- Make time to spend with Jesus in Eucharistic Adoration
- Practice more discipline with technology/Use technology responsibly
- Be truly present to the world/those around me as the unique gift
of myself that God created
- Be more involved in the Church ... How?

Remember the challenges and hopes of Pope Leo
What can I offer the Church for the future?
How can I help others to know Christ?
How can I build peace in the world?